



Tips for tiny teeth

For children under 18 months

Baby teeth are important because they:

- help children eat and grow
- help children speak clearly
- give shape to jaws and face
- keep space for permanent teeth
- help little ones develop a healthy smile and positive self-image.



Tips for brushing

- Gently wipe the front and back of each tooth with a clean, damp cloth after meals.
- Start using a small, soft bristled toothbrush when your baby's teeth first appear.
- Start with a toothbrush earlier if they are interested but ensure an adult helps with brushing.



Visit the Smiling Starts website to view short videos and access other helpful information.

Contact 1800 939 666 if you have any queries.

Early Childhood Dental Program



Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

This document can be made available in alternative formats on request for people with disability.

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