



Tips for tiny teeth

For children under 18 months

Baby teeth are important because they:

- help children eat and grow
- help children speak clearly
- give shape to jaws and face
- keep space for permanent teeth
- help little ones develop a healthy smile and positive self-image.



Tips for brushing

- Gently wipe the front and back of each tooth with a clean, damp cloth after meals.
- Start using a small, soft bristled toothbrush when your baby's teeth first appear.
- Start with a toothbrush earlier if they are interested but ensure an adult helps with brushing.



Visit the [Smiling Starts](#) website to view short videos and access other helpful information.

Contact 1800 939 666 if you have any queries.

Early Childhood Dental Program



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